

Original article

<https://doi.org/10.18019/1028-4427-2022-28-2-189-193>

Monitoring of the most common gram-positive microflora and its antibiotic sensitivity in persons with chronic osteomyelitis over a three-year period

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Abstract

Purpose To study the most common gram-positive microflora and its antibiotic sensitivity in chronic osteomyelitis over a three-year period. **Materials and methods** The microbiological study included 5,226 clinical isolates of gram-positive microorganisms belonging to 6 taxa (*S. aureus*, *S. epidermidis*, *S. saprophyticus*, *Enterococcus sp.*, *Streptococcus sp.*, *Corynebacterium sp.*), detected in the period from 2017 to 2019 in primary cultures from wounds and fistulas of 5,116 patients with chronic osteomyelitis who were treated in the purulent department of our bone infection clinic. **Results and its discussion** According to our study, *S. aureus* strains are most common gram-positive microflora in chronic osteomyelitis, taking the first place in terms of occurrence over a three-year period. The rate of isolation of methicillin-resistant strains of *S. aureus* (MRSA) over three years was 17.3 ± 1.9 %. In 2019, the occurrence of *S. epidermidis* strains increased by 28 % compared to 2017, while the number of isolated MRSE remained within 57.2 ± 1.8 %. The analysis of antibiotic patterns showed a tendency to an increase in the number of multi-resistant strains of *Staphylococcus sp.* Monitoring of the gram-positive microflora in chronic osteomyelitis revealed an insignificant isolation of the bacteria of the genus *Enterococcus* and *Streptococcus* (9–10 % of cases). The most effective against *Enterococcus* strains were glycopeptides and aminopenicillins, the least effective against strains of *Enterococcus* were quinolones and aminoglycosides. The most effective drugs against *Streptococcus sp.* were levofloxacin and clindamycin. The occurrence of bacteria of the genus *Corynebacterium sp.* was within 3–4 %. The least effective drugs against *Corynebacterium sp.* were clindamycin, gentamicin, and ciprofloxacin. The strains were susceptible to tetracycline drugs, penicillins, macrolides and rifampicin. **Conclusions** Considering that gram-positive microorganisms are primary pathogens in the etiology of chronic osteomyelitis, microbiological monitoring of the leading pathogens of the disease and their resistance enables to identify ineffective antibacterial drugs, optimize treatment, and thereby reduce the rate of poor outcomes in the management of the disease.

Keywords: chronic osteomyelitis, antibiotics, resistance, gram-positive microflora

For citation: Shipitsyna I.V., Osipova E.V. Monitoring of the most common gram-positive microflora and its antibiotic sensitivity in persons with chronic osteomyelitis over a three-year period. *Genij Ortopedii*, 2022, vol. 28, no 2, pp. 189-193. <https://doi.org/10.18019/1028-4427-2022-28-2-189-193>

INTRODUCTION

Despite the achievements of contemporary medicine, the problem of treating chronic osteomyelitis remains relevant [1–8]. In the etiological structure of chronic osteomyelitis, gram-positive microflora has been occupying a leading position for many years. The most common genus is represented by strains of *Staphylococcus aureus* [2, 3, 6–11]. Coagulase-negative staphylococci are also actively involved in the infection process in persons who undergo joint arthroplasty [2, 6–14]. The role of bacterial associations and prevalence of mixed cultures, represented by both gram-negative and gram-positive microorganisms, has increased in the pathogenesis of the inflammatory process in chronic osteomyelitis, [2, 7–16]. Over the past few years, the number of isolated methicillin-resistant *Staphylococcus sp.* strains characterized by

resistance to beta-lactam antibiotics has grown. It has led to a renewed interest in the use of macrolides, lincosamides, and streptogramins [17–21]. At the same time, the percentage of multi-resistant staphylococci has been growing. It results in the ineffectiveness of empirical antibiotic therapy and, as a consequence, worsens the prognosis of the disease and prolongs hospitalization. Therefore, to control the effectiveness of prescribed drugs and to timely adjust the protocol of antibiotic therapy is a necessity aimed at containing the emergence of non-susceptible strains. Annual monitoring could assist in the fulfillment of this task.

Purpose To study the spectrum of the most common gram-positive microflora and its antibiotic sensitivity in patients with chronic osteomyelitis over a three-year period.

MATERIAL AND METHODS

This microbiological study included 5,226 clinical isolates of gram-positive microorganisms belonging to 6 taxa (*S. aureus*, *S. epidermidis*, *S. saprophyticus*, *Enterococcus sp.*, *Streptococcus sp.*,

Corynebacterium sp.), detected in primary cultures from wounds and fistulas of 5,116 patients, who were treated in the infection department of the Federal State Budgetary Institution Ilizarov NMRC for TO of the Ministry of

Health of Russia within the period from 2017 to 2019. The criterion for the inclusion of a clinical isolate in the study is the contamination during bacteriological inoculation of 104 or more colony-forming units (CFU) per 1 ml.

Isolation of pure cultures was performed by routine methods or using a Walkaway-40 plus bacteriological analyzer (Siemens, USA). Determination of the

sensitivity of microorganisms to drugs used in the clinical settings was carried out with gram-positive panels PBPC 20 (WalkAway-40 Plus, Siemens).

Statistical processing of the results was performed using the data analysis software AtteStat, version 13.0. The arithmetic mean and its standard error ($M \pm m$) were calculated.

RESULTS

In 2017, the number of clinical gram-positive bacteria isolates from patients' wounds and fistulas was 1669 that belonged to 6 taxa: 1096 *Staphylococcus aureus* strains, 349 – *Staphylococcus epidermidis*, 14 – *Staphylococcus saprophyticus*, 127 – *Enterococcus sp.*, 25 – *Streptococcus sp.*, 58 – *Corynebacterium sp.* The number of MRS (methicillin-resistant staphylococci) was 398 strains, among them 191 – MRSA (methicillin-resistant *S. aureus*), 205 – MRSE (methicillin-resistant *S. epidermidis*), 2 – MRSS (methicillin-resistant *S. saprophyticus*).

In 2018, bacterial cultures showed 1682 clinical isolates of gram-positive bacteria, including 994 strains of *S. aureus*, 370 – *S. epidermidis*, 39 – *S. saprophyticus*, 166 – *Enterococcus sp.*, 43 – *Streptococcus sp.*, 70 – *Corynebacterium sp.* There were 397 isolates of MRS: 184 strains of MRSA, 208 – MRSE, 5 – MRSS.

In 2019, there were 1875 isolates including 1147 strains of *S. aureus*, 448 – *S. epidermidis*, 32 – *S. saprophyticus*, 162 – *Enterococcus sp.*, 44 – *Streptococcus sp.*, 42 – *Corynebacterium sp.* The total number of MRS was 447 strains (185 – MRSA, 254 – MRSE, 8 – MRSS).

The rates of gram-positive bacteria isolation in chronic osteomyelitis over a three-year period are presented in Table 1.

The analysis of antibiotic sensitivity of the bacteria of the genus *Staphylococcus* within the period from

2017 to 2019 shows high rates of multi-resistant strains among methicillin-resistant staphylococci (Table 2).

The number of aminoglycoside-resistant MSSE strains decreased by 60 %, MRSE – by 18.5 %, MRSA – by 18.2 %, MRSS – by 15.5 %. In 2018 and 2019, gentamicin was effective against 100 % of MSSS isolates studied. With regard to MSSA, the number of resistant strains remained within 3 % for three years.

Clindamycin was the least effective against MRSS, MRSE and MRSA strains (in 2019 the number of resistant isolates was 100 %, 66 % and 58 %, respectively).

Among the second generation of quinolones, ciprofloxacin showed the least activity against MRSA, MRSS, and MRSE. The drug showed the highest activity against 100 % of MSSS strains and 94 % against MSSA strains.

Table 1

Rates of gram-positive bacteria isolation in chronic osteomyelitis over a three-year period, %

Microorganism	2017	2018	2019
<i>S. aureus</i>	65.7	59.1	61.2
<i>S. epidermidis</i>	20.9	21.9	23.9
<i>S. saprophyticus</i>	0.8	2.3	1.9
<i>Enterococcus sp.</i>	7.6	9.9	8.6
<i>Streptococcus sp.</i>	1.5	2.6	2.3
<i>Corynebacterium sp.</i>	3.5	4.2	2.2

Table 2

Number of resistant strains of genus *Staphylococcus*, %

Drug name	Year	MSSA	MRSA	MSSS	MRSS	MSSE	MRSE
Gentamicin	2017	3	71	8	100	22	77
	2018	3	62	0	50	9	53
	2019	3	60	0	75	9	63
Clindamycin	2017	9	61	31	100	14	57
	2018	5	57	21	17	16	36
	2019	5	58	8	100	10	66
Cefoxitin	2017	0	100	0	100	0	100
	2018	0	100	0	100	0	100
	2019	0	100	0	100	0	100
Ciprofloxacin	2017	5	85	0	100	18	72
	2018	6	79	0	50	17	61
	2019	6	83	0	75	19	66
Erythromycin	2017	14	66	39	100	27	75
	2018	7	41	26	83	30	73
	2019	12	62	12	75	31	75

Erythromycin showed weak activity against MRSS and MRSE (75 % of resistant isolates, respectively).

With respect to bacteria of the genus *Enterococcus* sp., the most effective drugs were vancomycin (there were no insensitive strains) and ampicillin (the number of resistant strains was within 31.4 ± 3.9 %). Ciprofloxacin showed the least activity (the number of resistant strains increased by 20 % compared to 2017) and gentamicin (50.9 ± 4.9 % of resistant strains) (Table 3).

Bacteria of the genus *Streptococcus* sp. had good sensitivity to antibiotics. Thus, the most effective drugs were levofloxacin and clindamycin (Table 4).

The least effective drugs against strains of *Corynebacterium* sp. were clindamycin, gentamicin, and ciprofloxacin (Table 5). The number of strains that were resistant to rifampicin decreased by 59.2 % against the findings in 2017.

Table 3

Number of resistant strains of genus *Enterococcus*, %

Year	Ampicillin	Penicillin	Vancomycin	Gentamicin	Levofloxacin	Ciprofloxacin
2017	31.7	60.1	0	55.2	54.0	57.1
2018	34.2	38.1	0	45.7	47.2	74.6
2019	28.3	26.3	0	52.0	63.3	71.4

Table 4

Number of resistant strains of genus *Streptococcus* sp., %

Year	Levofloxacin	Penicillin	Erythromycin	Clindamycin
2017	23.5	15.0	25.0	30.1
2018	26.3	23.0	28.6	28.6
2019	13.1	20.2	29.4	16.7

Table 5

Number of resistant strains of genus *Corynebacterium* sp., %

Year	Tetracycline	Erythromycin	Penicillin	Rifampicin	Clindamycin	Gentamicin	Ciprofloxacin
2017	31.7	50.1	30.1	25.0	67.9	54.0	57.1
2018	34.2	48.2	28.4	14.6	72.3	61.9	54.3
2019	28.3	34.2	24.3	10.2	71.4	66.3	65.6

DISCUSSION

The study revealed that among the most common gram-positive microflora in chronic osteomyelitis, the first place in terms of incidence of occurrence over a three-year period is occupied by strains of *S. aureus*. The rate of methicillin resistant strains of *S. aureus* over a three-year period was 17.3 ± 1.9 %.

In 2019, the rate of incidence of *S. epidermidis* strains increased by 28 % compared to 2017. The number of isolated MRSEs remained within 57.2 ± 1.8 %. In the conditions of reduced immunoreactivity of the organism affected by osteomyelitis, staphylococci can produce a huge number of pathogenicity factors (polysaccharide capsule, surface proteins, carotenoids, catalase, toxins, exotoxins, etc.) and actively display their virulent properties that cause the chronic course of the inflammatory process [2, 16, 25, 26]. Furthermore, strains of *S. aureus* and *S. epidermidis* may be involved in the formation of multilevel biofilms resulting in the ineffectiveness of standard antibiotic therapy [22–28]. The

analysis of antibioticograms shows the tendency towards an increase in the number of multi-resistant strains.

The monitoring of the most common gram-positive microflora in chronic osteomyelitis showed an insignificant rate of isolation of bacteria of the genus *Enterococcus* and *Streptococcus* (9–10 % of cases). The most effective against the *Enterococcus* strains were glycopeptides and aminopenicillins, the least effective were quinolones and aminoglycosides. A number of studies have shown that bacteria of the genus *Enterococcus* may induce an inflammatory reaction as part of an association with other bacteria, but subsequently they do not affect the course of the process [3, 10].

It is not uncommon for the coryneform group of bacteria to cause various diseases, including osteomyelitis [29–30]. In our study, the detection of bacteria of the genus *Corynebacterium* sp. was within 3–4 %. Its strains were most sensitive to tetracycline drugs, penicillins, macrolides and rifampicin.

CONCLUSIONS

The monitoring of the most common gram-positive microflora and its antibiotic sensitivity over a three-year period in the individuals with osteomyelitis has shown the prevalence of *S. aureus* and an increased incidence of *S. epidermidis*. The number of gentamicin-resistant staphylococci decreased. Methicillin-resistant strains of *S. aureus* and *S. epidermidis* were characterized by multi-

resistance to standard antibacterial drugs.

Due to the fact that gram-positive microorganisms are primary pathogens in the etiology of chronic osteomyelitis, the microbiological monitoring of the most common pathogens and their resistance enables to identify ineffective antibacterial drugs, optimize treatment and, thereby, reduce the rate of poor treatment outcomes.

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The article was submitted 11.11.2020; approved after reviewing 27.05.2021; accepted for publication 26.01.2022.

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